



# COCKLE BAY YACHT CLUB

E S T . 2021

⚓ \$10 happy hour cocktails

## COCKTAILS

- ⚓ **TOMMY'S MARGARITA (19)**  
Espolon Reposado Tequila, lemon, lime & orange essence, served on the rocks
- ⚓ **MARGARITA (19)**  
Espolon Reposado Tequila, lemon, lime & orange essence, salt rim
- ⚓ **SICILIAN GIN FIZZ (19)**  
Gordon's Sicilian Gin, lemon, lime, aquafaba & soda
- COSMO (19)**  
Ketel One Vodka, lime, cranberry & a dash of orange
- ESPRESSO MARTINI (19)**  
Fresh Espresso, Kaluha & Ketel One Vodka
- AMARETTO SOUR (19)**  
Disaronno Amaretto, lemon, lime, aquafaba & bitters
- WHISKY SOUR (20)**  
Ardberg 5YO Single Malt Scotch or Bulleit Bourbon, lemon, lime, aquafaba & bitters
- BLOODY MARY (18)**  
Ketel One Vodka, spicy bloody mary mix, chilli & salt rim
- ⚓ **RIOT ROSÉ SPRITZ (15)**  
Spritz'd Rosé with natural botanicals & orange
- APEROL SPRITZ (17)**  
Aperol, sparkling wine, soda & orange
- GORDON'S PINK SPRITZ (18)**  
Gordon's Pink Gin, sparkling wine, lemonade & fresh strawberries
- SMIRNOFF PASSIONFRUIT & LIME SPRITZ (17)**  
Smirnoff infused Vodka, passionfruit, fresh lime & soda
- SMIRNOFF CUCUMBER, LIME & MINT SPRITZ (17)**  
Smirnoff infused Vodka, cucumber, fresh lime, mint & soda

## ON TAP

- BALTER XPA**
- 4 PINES PACIFIC ALE**
- GREAT NORTHERN SUPER CRISP 3.5%**
- PURE BLONDE**
- PERONI**
- CARLTON DRAUGHT**
- COOPERS PALE ALE**
- BROOKVALE GINGER BEER**
- RIOT WINE CO. GRENACHE (CHILLED)**
- RIOT WINE CO. ROSE**
- RIOT WINE CO. ROSE SPRITZ**

## NON-ALCOHOLIC

- TAP WATER (FREE)**
- SAN PELLEGRINO 750MLS (9)**
- STILL WATER BOTTLE 350MLS (4)**
- PERONI LIBERIA (8)**  
Zero Alcohol Beer, pale golden, crisp beer with citrusy hoppy & fruity notes, with a crisp and refreshing finish.
- CARLTON ZERO (7)**  
Zero Alcohol Beer, slightly hoppy w a fruity aroma, full flavoured classic beer style
- VIRGIN MARY (12)**  
Spicy Bloody Mary Mix, celery, olives
- CUCUMBER MOJITO (12)**  
Fresh lime, cucumber & mint, sugar syrup & soda
- LAVENDER LEMONADE (12)**  
Lavender syrup, fresh lemon & lemonade

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## WEEKLY FOOD DEALS

### WING IT WEDNESDAY

20 cent wings from 5pm  
w purchase of a beverage,  
choice of 5 different flavours

### THURSDAY BURGER DAY

any burger with fries \$10  
lunch & dinner

### FRIDAY PIZZAS

any Pizza \$12  
12pm - late

\*conditions apply for all deals,  
order through the beacons

### HELM TAMO TACO'S

#### \$5 EACH

available Friday - Sunday

- Beef Brisket
- Lamb Barbacoa
- Eggplant

each served on corn tortilla,  
pickled red onion, salsa roja,  
tomatillo salsa & coriander

## LIGHTER

### HELM MARINATED OLIVES VE,GF (9)

#### OYSTERS

freshly shucked  
natural or kilpatrick

\$3.50 ea | \$18 1/2 doz | \$36 doz  
w fresh lemon & shallot vinaigrette

### CHEESE PLATE V (25)

daily selection of 3 cheeses w muscatels, crackers & fruit  
paste  
add prosciutto (7) add Hummus (6)

### HUMMUS VE (12)

w dukkah, lemon oil & toasted sourdough  
GF bread available (5)

### SEMOLINA CRUMBED CALAMARI (18)

w spicy roasted onion aioli & pickled chilli

### HELM BUFFALO WINGS (16)

choice of 5 different flavours -  
salt szechuan & pepper or smokey hot bbq or  
franks hot sauce or Jack Daniels or Satay or Mango &  
Habanero  
w ranch dressing

### TRUFFLE & PARMESAN ARANCINI V (16)

w aioli

### MUSSELS ITALIANO (25)

w a rich tomato & basil sauce, chilli & toasted sourdough

## PASTA

### SPAGHETTI AMATRICIANA (24)

garlic, chilli, tomato, smoked speck & parmesan

### BLUE SWIMMER CRAB LINGUINE (27)

garlic, chilli, tomato & pangrattato crumb w lemon

### PESTO GNOCCHI V (28)

basil pesto, parmesan & EVOO  
add chicken (5)

## SALADS

### CLASSIC CAESAR SALAD (19)

w cos, bacon, parmesan, egg & croutons  
add chicken (5)

### SUPER SALAD V,GF (18)

w kale, carrot, sunflower seeds, sweet potato,  
tomato, spanish onion, chickpeas, feta  
& a vinaigrette dressing

### GRILLED HALOUMI SALAD V,GF (23)

w grilled zucchini, tomato, cucumber, spanish onion,  
spinach, rocket, mint, pinenuts & a vinaigrette dressing

add chicken (5), haloumi (5)

## BURGERS

### CLASSIC BEEF BURGER & CHIPS (22)

w cheese, lettuce, tomato, pickles & Helm special sauce

### SOUTHERN FRIED CHICKEN BURGER & CHIPS (21)

w cheese, asian slaw & sambal mayo

### BANH MI SMOKED MOZZARELLA BURGER & CHIPS (21)

crumbed smoked Mozzarella w/ sriracha aioli and pickled  
carrots

add extra beef patty (4) extra chicken (4), bacon (2), extra  
cheese (1), crumbed smoked mozzarella (5)

Naked Burgers available

Please order at the bar or via the  
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V = Vegetarian | VE = Vegan | GF = Gluten Free

We are unable to guarantee our dishes are free from traces of gluten, nuts, oils or shellfish

10% surcharge on public holidays | 1.5% surcharge on all credit cards

helmbar.com.au | @cbysydney



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Each meal is sent to your table once its prepared, this may result in you receiving meals at different times.

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## CLASSICS

### BEER BATTERED FISH & CHIPS (24)

barramundi fillet, lemon & tartare

### SEAFOOD BASKET (32)

panko prawns, semolina crumbed calamari, beer battered fish, chips, tartare sauce & fresh lemon

### GRILLED OCEAN TROUT (28)

w rocket pesto\*, confit kipfler potatoes & sweet potato crisps (\*contains almonds)

### CHICKEN SCHNITZEL (24)

w chips, Italian slaw\* & jus (\*contains walnuts)  
add parmigiana (4)

### 220GM WAGYU SIRLOIN STEAK MB4+ (35)

w charred greens and fried enoki, veal jus & choice of sauce  
add chips (6)

sauces GF: pepper, mushroom, red wine jus or garlic butter

## SIDES

### CHIPS W AIOLI (8)

### ITALIAN WHITE SLAW (10)

w walnuts, white cabbage, green apple, parmesan & citrus dressing

### CHARRED GREENS (9)

chinese broccoli and broccolini w soy sauce

## DESSERT

### AFFOGATO (10)

w vanilla ice cream & a shot of hot espresso  
w your choice of Baileys, Amaretto, Frangelico or Kahlua (18+ only) (add 7)

### WARM TRIPLE CHOCOLATE BROWNIE (14)

w vanilla ice cream, chocolate sauce & fresh strawberries

### DOUGHNUT FRIES (9)

w nutella  
scoop vanilla ice cream (add 3)

## PIZZA

### GARLIC PIZZA V (12)

### DUCK (27)

peking duck, mushrooms, buffalo mozzarella, shallots, hoisin sauce and chilli oil, served with cucumber ribbon

### MARGHERITA V (23)

buffalo mozzarella, cherry tomatoes & fresh basil

### DIAVOLA (25)

spicy pepperoni, buffalo mozzarella, parmesan & chilli oil

### PROSCIUTTO (25)

prosciutto, parmesan, buffalo mozzarella & rocket

### GAMBERONE (27)

marinated prawns, chilli oil, tomato, buffalo mozzarella & rocket

### CAPRICCIOSA (25)

ham, mushroom, artichoke, garlic, olives & buffalo mozzarella

### HAM & PINEAPPLE (24)

ham, pineapple & buffalo mozzarella

### GLUTEN FREE BASES AVAILABLE (ADD 5)

## LITTLE SAILORS (12)

### CHEESE PIZZA V

### CHICKEN TENDERLOINS & CHIPS

### FISH & CHIPS

### VANILLA ICE CREAM SCOOP (3)

w chocolate sauce & sprinkles (per scoop)

## HOST YOUR NEXT EVENT WITH US!

We have capacity for groups of 10 or 400 people for corporate events.

Bookings: [functions@helmbay.com.au](mailto:functions@helmbay.com.au) or (02) 9290 1571

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[helmbay.com.au](http://helmbay.com.au) | [@cbycsydney](https://www.instagram.com/cbycsydney)



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## SPARKLING

	GLS	BTL		REG	LRG	BTL
<b>MORTAR &amp; PESTLE BRUT NV</b> South East Australia	9	43	<b>MORTAR &amp; PESTLE CABERNET MERLOT</b> South East Australia	9	15	43
<b>CHANDON BRUT NV</b> Yarra Valley, Vic	12	52	<b>CAPE MENTELLE TRINDERS SHIRAZ CABERNET</b> Margaret River, WA	12.5	21	61
<b>CHANDON BRUT ROSÉ NV</b> Yarra Valley, Vic		52	<b>TUMBLONG HILLS SHIRAZ</b> Gundagai, NSW	11	18.5	53
<b>MOËT &amp; CHANDON NV</b> Épernay, Fr		99	<b>SENESE ARETINI CHIANTI DOCG</b> Chianti, It	12	20	58
<b>VEUVE CLICQUOT NV</b> Reims, Fr		140	<b>RIOT WINE CO. GRENACHE SOUTH AUSTRALIA (CHILLED, TAP)</b>	10	17	49
<b>VEUVE CLICQUOT NV MAGNUM</b> Reims, Fr		280	<b>SADDLEBACK PINOT NOIR</b> Central Otago, NZ	13.5	22	63

## WHITE

	REG	LRG	BTL		REG	LRG	BTL
<b>MORTAR &amp; PESTLE SEMILLON SAUVIGNON BLANC</b> South East Australia	9	15	43	<b>BARRINGWOOD ESTATE PINOT NOIR</b> Devonport, Tas			75
<b>SOHO SAUVIGNON BLANC</b> Marlborough, NZ	10	17	49	<b>TORBRECK 'THE STEADING' GSM</b> Barossa Valley, SA			85
<b>CLOUDY BAY SAUVIGNON BLANC</b> Marlborough, NZ			70	<b>LANGMEIL DELLA MINA SANGIOVESE BARBERA</b> Barossa Valley, SA			64
<b>FARINA PINOT GRIGIO</b> Veneto, It	11	18.5	53	<b>TERRAZAS DE LOS ANDES MALBEC</b> Mendoza, Arg	12	20	65
<b>CAPE MENTELLE BROOKS CHARDONNAY</b> Margaret River, WA	12.5	21	61	<b>COATES LANGHORNE CREEK CABERNET SAUVIGNON</b> Langhorne Creek, SA			75
<b>TARRA WARRA ESTATE CHARDONNAY</b> Yarra Valley, Vic			70				
<b>NASHDALE RIESLING</b> Orange, NSW	12.5	21	61				

## PINK WINES

	REG	LRG	BTL
<b>RIOT WINE CO. ROSÉ</b> South Australia (Tap)	10	17	49
<b>ÉTÈ D' ELODIE ROSÉ</b> Provence, Fr	12	20	58
<b>WEST CAPE HOWE PINK MOSCATO</b> Mount Baker, WA			46

REG = 150mls | LRG = 250MLS  
measures are approximate

### HAPPY HOURS

5pm – 7pm Daily

- \$10 Cocktails
- \$6 Schooners
- \$6 House Wine
- \$6 House Spirits

\*conditions apply



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